Training Video Presentation: The training video presentation you submit with your application must meet the following requirements:

- 20- to 45-minutes in length
- Spoken in English
- Recorded before a live audience

Guidelines:

- Submit a high-quality recording.
  - Recordings that have either poor audio, lighting, or video quality will not be considered.
- Include your entire presentation on the video. Ensure the presentation includes the speech introducer’s comments, the speech opening, body and conclusion.
  - Edited or incomplete presentations will not be accepted.
- We highly suggest including a visible audience so that some quality of the engagement is evident.
- Submit only one presentation in the form of a live URL link. For assistance to publish your video, refer to this link:
  - Getting Started with YouTube — [www.youtube.com/yt/about/getting-started.html](http://www.youtube.com/yt/about/getting-started.html)