The Toastmasters Pathways learning experience was developed around the five core competencies identified by the Board of Directors.

### FIVE CORE COMPETENCIES

<table>
<thead>
<tr>
<th></th>
<th>PUBLIC SPEAKING</th>
<th>1</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>INTERPERSONAL COMMUNICATION</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>STRATEGIC LEADERSHIP</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>MANAGEMENT</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>CONFIDENCE</td>
<td>5</td>
</tr>
</tbody>
</table>

Confidence is unique because it cannot be taught, but is gained in every path.

It is important to note that each member using Base Camp will have the opportunity to select from many electives to extend their learning. With the addition of electives, members have the flexibility to cover all core competencies within each path.

### 11 PATHS

The primary core competencies represented in each path are listed in order of emphasis next to the path name.

- **Dynamic Leadership**: Build strategic leadership and conflict resolution skills
  - Paths: 1, 2, 3, 5

- **Effective Coaching**: Build interpersonal communication, leadership and coaching skills
  - Paths: 1, 2, 4, 5

- **Engaging Humor**: Build public speaking and speech writing skills.
  - Paths: 1, 5

- **Innovative Planning**: Build creative project management and communication skills
  - Paths: 1, 4, 2, 5

- **Leadership Development**: Build communication and leadership skills
  - Paths: 1, 2, 4, 5

- **Motivational Strategies**: Build motivational leadership and communication skills
  - Paths: 1, 2, 3, 5

- **Persuasive Influence**: Build skills to lead in complex situations
  - Paths: 1, 3, 2, 5

- **Presentation Mastery**: Build public speaking skills
  - Paths: 1, 5

- **Strategic Relationships**: Build networking, leadership and communication skills
  - Paths: 1, 2, 3, 5

- **Team Collaboration**: Build collaborative leadership skills
  - Paths: 1, 4, 2, 5

- **Visionary Communication**: Build innovative communication and leadership skills
  - Paths: 1, 3, 2, 5
## DYNAMIC LEADERSHIP

This path helps you build your skills as a strategic leader. The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication and public speaking. This path culminates in a project focused on applying your leadership skills.

*Not available in non-English printed materials.*

### Five Levels

#### Mastering Fundamentals

1. **Ice Breaker**
2. **Evaluation and Feedback**
3. **Researching and Presenting**

#### Learning Your Style

2. **Understanding Your Leadership Style**
3. **Understanding Your Communication Style**
4. **Introduction to Toastmasters Mentoring**

#### Increasing Knowledge

3. **Negotiate the Best Outcome**

#### Level 3 Elective Projects *(choose 2)*

- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

#### Building Skills

4. **Manage Change**

#### Level 4 Elective Projects *(choose 1)*

- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

#### Demonstrating Expertise

5. **Lead in Any Situation**
6. **Reflect on Your Path**

#### Level 5 Elective Projects *(choose 1)*

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
### Paths, Levels and Electives

**EFFECTIVE COACHING**
This path helps you build your skills as a positive communicator and leader. The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching and establishing strong public speaking skills. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a “High Performance Leadership” project of your design.*Not available in printed materials.*

<table>
<thead>
<tr>
<th>Level</th>
<th>Mastering Fundamentals</th>
<th>Learning Your Style</th>
<th>Increasing Knowledge</th>
<th>Building Skills</th>
<th>Demonstrating Expertise</th>
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<tbody>
<tr>
<td>1</td>
<td>• Ice Breaker</td>
<td>• Understanding Your Leadership Style</td>
<td>• Reaching Consensus</td>
<td>• Improvement Through Positive Coaching</td>
<td>• High Performance Leadership</td>
</tr>
<tr>
<td></td>
<td>• Evaluation and Feedback</td>
<td>• Understanding Your Communication Style</td>
<td></td>
<td></td>
<td>• Reflect on Your Path</td>
</tr>
<tr>
<td></td>
<td>• Researching and Presenting</td>
<td>• Introduction to Toastmasters Mentoring</td>
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<td></td>
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<tr>
<td>2</td>
<td></td>
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<tr>
<td>3</td>
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<td>Level 4 Elective Projects <em>(choose 1)</em></td>
<td>Level 5 Elective Projects <em>(choose 1)</em></td>
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<tr>
<td></td>
<td>• Deliver Social Speeches</td>
<td>• Create a Podcast</td>
<td>• Lessons Learned</td>
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<td></td>
<td>• Using Presentation Software</td>
<td>• Building a Social Media Presence</td>
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<td>• Connect with Storytelling</td>
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<td>• Moderate a Panel Discussion</td>
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<td>• Creating Effective Visual Aids</td>
<td>• Write a Compelling Blog</td>
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<td>• Using Descriptive Language</td>
<td>• Manage Projects Successfully</td>
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<td></td>
<td>• Connect with Your Audience</td>
<td>• Public Relations Strategies</td>
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<td></td>
<td>• Make Connections Through Networking</td>
<td>• Manage Online Meetings</td>
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</tbody>
</table>

*Level 5 Elective Projects (choose 1):
• Lessons Learned
• Leading in Your Volunteer Organization
• Moderate a Panel Discussion
• Prepare to Speak Professionally
ENGAGING HUMOR

This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to different types of humor and improving your ability to deliver a message with humor. The projects contribute to developing an understanding of effective public speaking technique, speech writing, speech delivery, and using humorous stories. This path culminates in an extended speech that will allow you to apply what you learned.

Five Levels

Mastering Fundamentals

- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

Learning Your Style

- Know Your Sense of Humor
- Connect With Your Audience
- Introduction to Toastmasters Mentoring

Increasing Knowledge

- Engage Your Audience with Humor

Level 3 Elective Projects (choose 2)

- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking

Level 4 Elective Projects (choose 1)

- Create a Podcast
- Building a Social Media Presence
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully
- Managing a Difficult Audience

Level 5 Elective Projects (choose 1)

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

Building Skills

- The Power of Humor in an Impromptu Speech

Demonstrating Expertise

- Deliver Your Message with Humor
- Reflect on Your Path
Paths, Levels and Electives

INNOVATIVE PLANNING
This path helps you build your skills as a public speaker and leader. The projects on this path focus on developing a strong connection with audience members when you present, speech writing and speech delivery. The projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*

Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Mastering Fundamentals</th>
<th>Learning Your Style</th>
<th>Increasing Knowledge</th>
<th>Level 3 Elective Projects (choose 2)</th>
<th>Level 4 Elective Projects (choose 1)</th>
<th>Level 5 Elective Projects (choose 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ice Breaker</td>
<td>Understanding Your Leadership Style</td>
<td>Present a Proposal</td>
<td>Deliver Social Speeches</td>
<td>Create a Podcast</td>
<td>Lessons Learned</td>
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<tr>
<td></td>
<td>Evaluation and Feedback</td>
<td>Connect With Your Audience</td>
<td></td>
<td>Using Presentation Software</td>
<td>Building a Social Media Presence</td>
<td>Moderate a Panel Discussion</td>
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<tr>
<td></td>
<td>Researching and Presenting</td>
<td>Introduction to Toastmasters Mentoring</td>
<td></td>
<td>Connect with Storytelling</td>
<td>Managing a Difficult Audience</td>
<td>Ethical Leadership</td>
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<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td>Creating Effective Visual Aids</td>
<td>Write a Compelling Blog</td>
<td>Leading in Your Volunteer Organization</td>
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<td>Using Descriptive Language</td>
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<td>Prepare to Speak Professionally</td>
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<td>3</td>
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<td>Make Connections Through Networking</td>
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<td>4</td>
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<td>Focus on the Positive</td>
<td>Manage Online Meetings</td>
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<td>Inspire Your Audience</td>
<td>Question-and-Answer Session</td>
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<tr>
<td>5</td>
<td>High Performance Leadership</td>
<td></td>
<td></td>
<td>Prepare for an Interview</td>
<td>Public Relations Strategies</td>
<td></td>
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<tr>
<td></td>
<td>Reflect on Your Path</td>
<td></td>
<td></td>
<td>Understanding Vocal Variety</td>
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</tr>
</tbody>
</table>
LEADERSHIP DEVELOPMENT
This path helps you build your skills as an effective communicator and leader. The projects on this path focus on learning how to manage time, as well as how to develop and implement a plan. Public speaking and leading a team are emphasized in all projects. This path culminates in the planning and execution of an event that will allow you to apply everything you learned.
**MOTIVATIONAL STRATEGIES**

This path helps you build your skills as a powerful and effective communicator. The projects focus on learning strategies for building connections with the people around you, understanding motivation and successfully leading small groups to accomplish tasks. This path culminates in a comprehensive team-building project that brings all of your skills together—including public speaking.

*Not available in printed materials.*

## Five Levels

### Mastering Fundamentals

**Level 1**
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

### Learning Your Style

**Level 2**
- Understanding Your Communication Style
- Active Listening
- Introduction to Toastmasters Mentoring

### Increasing Knowledge

**Level 3**
- Understanding Emotional Intelligence

**Level 3 Elective Projects** *(choose 2)*
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor

### Building Skills

**Level 4**
- Motivate Others

**Level 4 Elective Projects** *(choose 1)*
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

### Demonstrating Expertise

**Level 5**
- Team Building
- Reflect on Your Path

**Level 5 Elective Projects** *(choose 1)*
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
PERSUASIVE INFLUENCE
This path helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*

<table>
<thead>
<tr>
<th>Five Levels</th>
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<tbody>
<tr>
<td><strong>Mastering Fundamentals</strong></td>
<td>Level 1</td>
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<tr>
<td>- Ice Breaker</td>
<td>- Focus on the Positive</td>
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<tr>
<td>- Evaluation and Feedback</td>
<td>- Inspire Your Audience</td>
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<tr>
<td>- Researching and Presenting</td>
<td>- Prepare for an Interview</td>
</tr>
<tr>
<td><strong>Learning Your Style</strong></td>
<td>Level 2</td>
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<tr>
<td>- Understanding Your Leadership Style</td>
<td>- Understanding Vocal Variety</td>
</tr>
<tr>
<td>- Active Listening</td>
<td>- Effective Body Language</td>
</tr>
<tr>
<td>- Introduction to Toastmasters Mentoring</td>
<td>- Know Your Sense of Humor</td>
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<tr>
<td><strong>Increasing Knowledge</strong></td>
<td>Level 3 Elective Projects (choose 2)</td>
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<tr>
<td>- Understanding Conflict Resolution</td>
<td>- Deliver Social Speeches</td>
</tr>
<tr>
<td>- Using Presentation Software</td>
<td>- Create a Podcast</td>
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<tr>
<td>- Connect with Storytelling</td>
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<td>- Creating Effective Visual Aids</td>
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<td>- Using Descriptive Language</td>
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<tr>
<td>- Connect with Your Audience</td>
<td>- Public Relations Strategies</td>
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<tr>
<td>- Make Connections Through Networking</td>
<td>- Write a Compelling Blog</td>
</tr>
<tr>
<td><strong>Building Skills</strong></td>
<td>Level 4 Elective Projects (choose 1)</td>
</tr>
<tr>
<td>- Leading in Difficult Situations</td>
<td>- Manage Projects Successfully</td>
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<td><strong>Demonstrating Expertise</strong></td>
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<tr>
<td>- High Performance Leadership</td>
<td>- Lessons Learned</td>
</tr>
<tr>
<td>- Reflect on Your Path</td>
<td>- Moderate a Panel Discussion</td>
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</tbody>
</table>

*Not available in printed materials.*
PRESENTATION MASTERY
This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking technique, including speech writing and speech delivery. This path culminates in an extended speech that will allow you to apply what you learned.

Five Levels

Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

Learning Your Style
- Understanding Your Communication Style
- Effective Body Language
- Introduction to Toastmasters Mentoring

Increasing Knowledge
- Persuasive Speaking

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization

Building Skills
- Managing a Difficult Audience

Demonstrating Expertise
- Prepare to Speak Professionally
- Reflect on Your Path
STRATEGIC RELATIONSHIPS
This path helps you build your skills as a leader in communication. The projects on this path focus on understanding diversity, building personal and/or professional connections with a variety of people and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization. *Not available in non-English printed materials.*

**Five Levels**

**Mastering Fundamentals**
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

**Learning Your Style**
- Understanding Your Leadership Style
- Cross-Cultural Understanding
- Introduction to Toastmasters Mentoring

**Increasing Knowledge**
- Make Connections Through Networking

**Level 3 Elective Projects** *(choose 2)*
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

**Level 4 Elective Projects** *(choose 1)*
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Manage Projects Successfully

**Level 5 Elective Projects** *(choose 1)*
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Prepare to Speak Professionally
### Paths, Levels and Electives

**TEAM COLLABORATION**
This path helps you build your skills as a collaborative leader. The projects on this path focus on active listening, motivating others and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills. *Not available in non-English printed materials.*

<table>
<thead>
<tr>
<th>Five Levels</th>
<th>Level 3 Elective Projects (choose 2)</th>
</tr>
</thead>
</table>
| Mastering Fundamentals | • Deliver Social Speeches  
  • Using Presentation Software  
  • Connect with Storytelling  
  • Creating Effective Visual Aids  
  • Using Descriptive Language  
  • Connect with Your Audience  
  • Make Connections Through Networking  |
| Learning Your Style | • Focus on the Positive  
  • Inspire Your Audience  
  • Prepare for an Interview  
  • Understanding Vocal Variety  
  • Effective Body Language  
  • Know Your Sense of Humor  |
| Increasing Knowledge | • Successful Collaboration  |
| Building Skills | • Motivate Others  |
| Demonstrating Expertise | • Lead in Any Situation  
  • Reflect on Your Path  |
| Level 4 Elective Projects (choose 1) | • Create a Podcast  
  • Building a Social Media Presence  
  • Managing a Difficult Audience  
  • Write a Compelling Blog  |
| Level 5 Elective Projects (choose 1) | • Manage Online Meetings  
  • Question-and-Answer Session  
  • Public Relations Strategies  
  • Manage Projects Successfully  |

*Not available in non-English printed materials.*
VISIONARY COMMUNICATION
This path helps you build your skills as a strategic communicator and leader. The projects on this path focus on developing your skills for sharing information with a group, planning communications and creating innovative solutions. Speech writing and speech delivery are emphasized in each project. This path culminates in the development and launch of a long-term personal or professional vision.
*Not available in printed materials.

Five Levels

Mastering Fundamentals
1
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

Learning Your Style
2
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

Increasing Knowledge
3
- Develop a Communication Plan

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

Building Skills
4
- Communicate Change

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

Demonstrating Expertise
5
- Develop Your Vision
- Reflect on Your Path

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally