The Toastmasters Pathways learning experience was developed around the five core competencies identified by the Board of Directors.

The primary core competencies represented in each path are listed in order of emphasis next to the path name.

**1. Dynamic Leadership**
Build strategic leadership and conflict resolution skills

**2. Effective Coaching**
Build interpersonal communication, leadership and coaching skills

**3. Engaging Humor**
Build public speaking and speech writing skills.

**4. Innovative Planning**
Build creative project management and communication skills

**5. Leadership Development**
Build communication and leadership skills

**6. Motivational Strategies**
Build motivational leadership and communication skills

**7. Persuasive Influence**
Build skills to lead in complex situations

**8. Presentation Mastery**
Build public speaking skills

**9. Strategic Relationships**
Build networking, leadership and communication skills

**10. Team Collaboration**
Build collaborative leadership skills

**11. Visionary Communication**
Build innovative communication and leadership skills

Confidence is unique because it cannot be taught, but is gained in every path.

It is important to note that each member using Base Camp will have the opportunity to select from many electives to extend their learning. With the addition of electives, members have the flexibility to cover all core competencies within each path.
**DYNAMIC LEADERSHIP**

This path helps you build your skills as a strategic leader. The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication and public speaking. This path culminates in a project focused on applying your leadership skills.

*Not available in non-English printed materials.*

### Five Levels

**Mastering Fundamentals**
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

**Learning Your Style**
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

**Increasing Knowledge**
- Negotiate the Best Outcome

**Level 3 Elective Projects (choose 2)**
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

**Building Skills**
- Manage Change

**Level 4 Elective Projects (choose 1)**
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

**Demonstrating Expertise**
- Lead in Any Situation
- Reflect on Your Path

**Level 5 Elective Projects (choose 1)**
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
### EFFECTIVE COACHING
This path helps you build your skills as a positive communicator and leader. The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching and establishing strong public speaking skills. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*

### Five Levels

#### Mastering Fundamentals (Level 1)
- **Ice Breaker**
- **Evaluation and Feedback**
- **Researching and Presenting**

#### Learning Your Style (Level 2)
- **Understanding Your Leadership Style**
- **Understanding Your Communication Style**
- **Introduction to Toastmasters Mentoring**

#### Increasing Knowledge (Level 3)
- **Reaching Consensus**

#### Building Skills (Level 4)
- **Improvement Through Positive Coaching**

#### Demonstrating Expertise (Level 5)
- **High Performance Leadership**
- **Reflect on Your Path**

#### Level 3 Elective Projects *(choose 2)*
- **Deliver Social Speeches**
- **Using Presentation Software**
- **Connect with Storytelling**
- **Creating Effective Visual Aids**
- **Using Descriptive Language**
- **Connect with Your Audience**
- **Make Connections Through Networking**
- **Focus on the Positive**
- **Inspire Your Audience**
- **Prepare for an Interview**
- **Understanding Vocal Variety**
- **Effective Body Language**
- **Active Listening**
- **Know Your Sense of Humor**

#### Level 4 Elective Projects *(choose 1)*
- **Create a Podcast**
- **Building a Social Media Presence**
- **Managing a Difficult Audience**
- **Write a Compelling Blog**
- **Manage Online Meetings**
- **Question-and-Answer Session**
- **Public Relations Strategies**
- **Manage Projects Successfully**

#### Level 5 Elective Projects *(choose 1)*
- **Lessons Learned**
- **Moderate a Panel Discussion**
- **Ethical Leadership**
- **Leading in Your Volunteer Organization**
- **Prepare to Speak Professionally**
ENGAGING HUMOR

This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to different types of humor and improving your ability to deliver a message with humor. The projects contribute to developing an understanding of effective public speaking technique, speech writing, speech delivery, and using humorous stories. This path culminates in an extended speech that will allow you to apply what you learned.

Five Levels

Mastering Fundamentals

- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

Learning Your Style

- Know Your Sense of Humor
- Connect With Your Audience
- Introduction to Toastmasters Mentoring

Increasing Knowledge

- Engage Your Audience with Humor

Level 3 Elective Projects (choose 2)

- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking

Level 4 Elective Projects (choose 1)

- Create a Podcast
- Building a Social Media Presence
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully
- Managing a Difficult Audience

Building Skills

- The Power of Humor in an Impromptu Speech

Level 5 Elective Projects (choose 1)

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

Demonstrating Expertise

- Deliver Your Message with Humor
- Reflect on Your Path

Level 5 Elective Projects (choose 1)

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

ENGAGING HUMOR

This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to different types of humor and improving your ability to deliver a message with humor. The projects contribute to developing an understanding of effective public speaking technique, speech writing, speech delivery, and using humorous stories. This path culminates in an extended speech that will allow you to apply what you learned.
### INNOVATIVE PLANNING

This path helps you build your skills as a public speaker and leader. The projects on this path focus on developing a strong connection with audience members when you present, speech writing and speech delivery. The projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*

**Five Levels**

<table>
<thead>
<tr>
<th>Level</th>
<th>Mastering Fundamentals</th>
<th>Learning Your Style</th>
<th>Increasing Knowledge</th>
<th>Level 3 Elective Projects (choose 2)</th>
<th>Level 4 Elective Projects (choose 1)</th>
<th>Level 5 Elective Projects (choose 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>• Ice Breaker&lt;br&gt;• Evaluation and Feedback&lt;br&gt;• Researching and Presenting</td>
<td>• Understanding Your Leadership Style&lt;br&gt;• Connect With Your Audience&lt;br&gt;• Introduction to Toastmasters Mentoring</td>
<td>• Present a Proposal</td>
<td>• Deliver Social Speeches&lt;br&gt;• Using Presentation Software&lt;br&gt;• Connect with Storytelling&lt;br&gt;• Creating Effective Visual Aids&lt;br&gt;• Using Descriptive Language&lt;br&gt;• Make Connections Through Networking</td>
<td>• Create a Podcast&lt;br&gt;• Building a Social Media Presence&lt;br&gt;• Managing a Difficult Audience&lt;br&gt;• Write a Compelling Blog</td>
<td>• Lessons Learned&lt;br&gt;• Moderate a Panel Discussion&lt;br&gt;• Ethical Leadership</td>
</tr>
</tbody>
</table>
LEADERSHIP DEVELOPMENT
This path helps you build your skills as an effective communicator and leader. The projects on this path focus on learning how to manage time, as well as how to develop and implement a plan. Public speaking and leading a team are emphasized in all projects. This path culminates in the planning and execution of an event that will allow you to apply everything you learned.

Five Levels

Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

Learning Your Style
- Managing Time
- Understanding Your Leadership Style
- Introduction to Toastmasters Mentoring

Increasing Knowledge
- Planning and Implementing

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

Building Skills
- Leading Your Team

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

Demonstrating Expertise
- Manage Successful Events
- Reflect on Your Path

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
MOTIVATIONAL STRATEGIES
This path helps you build your skills as a powerful and effective communicator. The projects focus on learning strategies for building connections with the people around you, understanding motivation and successfully leading small groups to accomplish tasks. This path culminates in a comprehensive team-building project that brings all of your skills together—including public speaking.
*Not available in printed materials.*

Five Levels

Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

Learning Your Style
- Understanding Your Communication Style
- Active Listening
- Introduction to Toastmasters Mentoring

Increasing Knowledge
- Understanding Emotional Intelligence

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor

Building Skills
- Motivate Others

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

Demonstrating Expertise
- Team Building
- Reflect on Your Path

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
## Paths, Levels and Electives

**Paths, Levels and Electives**

This path helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*

### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Section</th>
<th>Projects</th>
</tr>
</thead>
</table>
| 1     | Mastering Fundamentals | • Ice Breaker  
       |         | • Evaluation and Feedback  
       |         | • Researching and Presenting |
| 2     | Learning Your Style | • Understanding Your Leadership Style  
       |         | • Active Listening  
       |         | • Introduction to Toastmasters Mentoring |
| 3     | Increasing Knowledge | • Understanding Conflict Resolution |
| 4     | Building Skills | • Leading in Difficult Situations |
| 5     | Demonstrating Expertise | • High Performance Leadership  
       |         | • Reflect on Your Path |

#### Level 3 Elective Projects *(choose 2)*

- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor

#### Level 4 Elective Projects *(choose 1)*

- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

#### Level 5 Elective Projects *(choose 1)*

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
## Paths, Levels and Electives

### PRESENTATION MASTERY

This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking technique, including speech writing and speech delivery. This path culminates in an extended speech that will allow you to apply what you learned.

### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Electives</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td><strong>Mastering Fundamentals</strong></td>
</tr>
<tr>
<td></td>
<td>Ice Breaker</td>
</tr>
<tr>
<td></td>
<td>Evaluation and Feedback</td>
</tr>
<tr>
<td></td>
<td>Researching and Presenting</td>
</tr>
<tr>
<td>2</td>
<td><strong>Learning Your Style</strong></td>
</tr>
<tr>
<td></td>
<td>Understanding Your Communication Style</td>
</tr>
<tr>
<td></td>
<td>Effective Body Language</td>
</tr>
<tr>
<td></td>
<td>Introduction to Toastmasters Mentoring</td>
</tr>
<tr>
<td>3</td>
<td><strong>Increasing Knowledge</strong></td>
</tr>
<tr>
<td></td>
<td>Persuasive Speaking</td>
</tr>
<tr>
<td>4</td>
<td><strong>Building Skills</strong></td>
</tr>
<tr>
<td></td>
<td>Managing a Difficult Audience</td>
</tr>
<tr>
<td>5</td>
<td><strong>Demonstrating Expertise</strong></td>
</tr>
<tr>
<td></td>
<td>Prepare to Speak Professionally</td>
</tr>
<tr>
<td></td>
<td>Reflect on Your Path</td>
</tr>
<tr>
<td>6</td>
<td><strong>Level 3 Elective Projects (choose 2)</strong></td>
</tr>
<tr>
<td></td>
<td>Deliver Social Speeches</td>
</tr>
<tr>
<td></td>
<td>Using Presentation Software</td>
</tr>
<tr>
<td></td>
<td>Connect with Storytelling</td>
</tr>
<tr>
<td></td>
<td>Creating Effective Visual Aids</td>
</tr>
<tr>
<td></td>
<td>Using Descriptive Language</td>
</tr>
<tr>
<td></td>
<td>Connect with Your Audience</td>
</tr>
<tr>
<td></td>
<td>Make Connections Through Networking</td>
</tr>
<tr>
<td>7</td>
<td><strong>Level 4 Elective Projects (choose 1)</strong></td>
</tr>
<tr>
<td></td>
<td>Create a Podcast</td>
</tr>
<tr>
<td></td>
<td>Building a Social Media Presence</td>
</tr>
<tr>
<td></td>
<td>Write a Compelling Blog</td>
</tr>
<tr>
<td></td>
<td>Manage Online Meetings</td>
</tr>
<tr>
<td>8</td>
<td><strong>Level 5 Elective Projects (choose 1)</strong></td>
</tr>
<tr>
<td></td>
<td>Lessons Learned</td>
</tr>
<tr>
<td></td>
<td>Moderate a Panel Discussion</td>
</tr>
<tr>
<td></td>
<td>Ethical Leadership</td>
</tr>
<tr>
<td></td>
<td>High Performance Leadership</td>
</tr>
<tr>
<td>9</td>
<td>Leading in Your Volunteer Organization</td>
</tr>
</tbody>
</table>
STRATEGIC RELATIONSHIPS
This path helps you build your skills as a leader in communication. The projects on this path focus on understanding diversity, building personal and/or professional connections with a variety of people and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization. *Not available in non-English printed materials.

<table>
<thead>
<tr>
<th>Five Levels</th>
<th>Mastering Fundamentals</th>
<th>Learning Your Style</th>
<th>Increasing Knowledge</th>
<th>Level Elective Projects (choose 2)</th>
<th>Level 4 Elective Projects (choose 1)</th>
<th>Level 5 Elective Projects (choose 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Ice Breaker</td>
<td>• Understanding Your Leadership Style</td>
<td>• Make Connections Through Networking</td>
<td>• Deliver Social Speeches</td>
<td>• Create a Podcast</td>
<td>• Lessons Learned</td>
</tr>
<tr>
<td></td>
<td>• Evaluation and Feedback</td>
<td>• Cross-Cultural Understanding</td>
<td></td>
<td>• Using Presentation Software</td>
<td>• Building a Social Media Presence</td>
<td>• Moderate a Panel Discussion</td>
</tr>
<tr>
<td></td>
<td>• Researching and Presenting</td>
<td>• Introduction to Toastmasters Mentoring</td>
<td></td>
<td>• Connect with Storytelling</td>
<td>• Managing a Difficult Audience</td>
<td>• Ethical Leadership</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Creating Effective Visual Aids</td>
<td>• Write a Compelling Blog</td>
<td>• High Performance Leadership</td>
</tr>
<tr>
<td><strong>1</strong></td>
<td></td>
<td></td>
<td></td>
<td>• Inspire Your Audience</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>2</strong></td>
<td></td>
<td></td>
<td></td>
<td>• Prepare for an Interview</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>3</strong></td>
<td></td>
<td></td>
<td></td>
<td>• Understanding Vocal Variety</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Effective Body Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>4</strong></td>
<td></td>
<td></td>
<td></td>
<td>• Active Listening</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>5</strong></td>
<td></td>
<td></td>
<td></td>
<td>• Know Your Sense of Humor</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Learning Your Style
- Understanding Your Leadership Style
- Cross-Cultural Understanding
- Introduction to Toastmasters Mentoring

Increasing Knowledge
- Make Connections Through Networking

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Manage Projects Successfully

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Prepare to Speak Professionally
## Paths, Levels and Electives

**TEAM COLLABORATION**
This path helps you build your skills as a collaborative leader. The projects on this path focus on active listening, motivating others and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills. *Not available in non-English printed materials.*

### Five Levels

**Mastering Fundamentals**
1. Ice Breaker
2. Evaluation and Feedback
3. Researching and Presenting

**Learning Your Style**
1. Understanding Your Leadership Style
2. Active Listening
3. Introduction to Toastmasters Mentoring

**Increasing Knowledge**
1. Successful Collaboration

**Level 3 Elective Projects** *(choose 2)*
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor

**Level 4 Elective Projects** *(choose 1)*
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

**Level 5 Elective Projects** *(choose 1)*
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

**Building Skills**
1. Motivate Others

**Demonstrating Expertise**
1. Lead in Any Situation
2. Reflect on Your Path
VISIONARY COMMUNICATION
This path helps you build your skills as a strategic communicator and leader. The projects on this path focus on developing your skills for sharing information with a group, planning communications and creating innovative solutions. Speech writing and speech delivery are emphasized in each project. This path culminates in the development and launch of a long-term personal or professional vision.

*Not available in printed materials.

## Five Levels

### Mastering Fundamentals (Level 1)
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

### Learning Your Style (Level 2)
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

### Increasing Knowledge (Level 3)
- Develop a Communication Plan

**Level 3 Elective Projects (choose 2)**
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

### Building Skills (Level 4)
- Communicate Change

**Level 4 Elective Projects (choose 1)**
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

### Demonstrating Expertise (Level 5)
- Develop Your Vision
- Reflect on Your Path

**Level 5 Elective Projects (choose 1)**
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally