

CONTACT: Suzanne Frey

949-858-8255

sfrey@toastmasters.org

Photo Available Upon Request

Toastmasters members elect Emmy Hager to group's international Board*New director at 250,000-member organization is from greater Seattle, Washington, area.*

RANCHO SANTA MARGARITA, Calif., Aug. 24, 2009 – Emmy Hager of Auburn, Washington, has been elected to the Board of Directors of [Toastmasters International](http://www.toastmasters.org), the world's leading organization devoted to teaching skills in communication and leadership. Hager was elected to the two-year term at the organization's 78th annual International Convention, held in August in Mashantucket, Conn.

A Toastmaster for the past 17 years, Hager has served the organization in many leadership roles, including district governor. She is a member of four Toastmasters clubs: Seattle International, VM-Amazing Toastmasters, Pursuing Perfection and Sunnuppers. Hager initially joined Toastmasters to improve her presentation skills as a corporate trainer. The support and encouragement of her fellow Toastmasters led her to stay in the program and reach for progressively higher leadership positions.

"In my professional development, my promotions and opportunities directly resulted from the Toastmasters program," Hager says. "I gained confidence in delivering information clearly, and I learned how to set and achieve goals."

She is a human resources manager for Crothall Services Group in Seattle, Washington, and is also active in trade associations such as the Society of Human Resource Management and the Lake Washington HR Association. Her interests include cooking, singing, writing music and "high-energy activities" she can share with others.

About Toastmasters

[Toastmasters International](http://www.toastmasters.org) is a nonprofit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. The organization currently has 250,000 members in 12,000 clubs in 106 countries. Since its founding 85 years ago in October 1924, the organization has helped more than four million men and women give presentations with poise and confidence. For information about local Toastmasters clubs, please visit www.toastmasters.org.

###