

# The Power of Five

## *Five Fun, Free, and Fantastic Fundamentals*

#1. Before you get out of bed

FIVE \_\_\_\_\_

#2. When you look in the mirror

FIVE \_\_\_\_\_

#3. While you are out and about your day

FIVE \_\_\_\_\_

#4. When you feel stressed

FIVE \_\_\_\_\_

#5. Before you go to sleep

FIVE \_\_\_\_\_

*“The closest \_\_\_\_\_ between 2 people is a \_\_\_\_\_.”*

**Victor Borge, Musician & Entertainer**



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