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Photo Available Upon Request

TEMPLE CITY WOMAN ELECTED TO TOASTMASTERS INTERNATIONAL BOARD

Rancho Santa Margarita, CA – Mary G. Russell, a business owner and a resident of Temple City, California, has been elected to the Board of Directors of Toastmasters International, a worldwide nonprofit that teaches skills in public speaking and leadership. She was elected to the two-year volunteer term at the organization's International Convention – held last month in Calgary.

Russell is the president of The Grady Group, a Los Angeles human resources consulting company she created back in 2000. A former co-chair of the Business Advisory Council, she says being a member of Toastmasters has improved her life on many levels.

“It has really boosted my level of confidence,” she notes. “I’m more comfortable in social settings. I have more friends now than I’ve ever had in my life.”

Russell, who has more than 25 years of experience in the human resources field, has won several awards during her time in Toastmasters. She has also been deeply involved in community service over the years, volunteering for Big Brother Los Angeles and Feed The Children, among other groups. The former adult education teacher was awarded a Certificate of Special Congressional Recognition for the work she has done helping disabled individuals.

Since its founding in 1924, Toastmasters International has helped 4 million men and women develop their communication and leadership abilities. The organization has doubled its membership over the last 10 years, and now has approximately 235,000 members, spread across 11,700 clubs in 92 countries.

For more information on Toastmasters International and the meeting times and locations of local clubs, please visit www.toastmasters.org.

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