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Photo Available Upon Request

## **STONEWALL RESIDENT ELECTED TO TOASTMASTERS INTERNATIONAL BOARD**

**RANCHO SANTA MARGARITA, CA.** — Lyle Appleyard, a resident of Stonewall, Manitoba, has been elected to the Board of Directors of Toastmasters International, a worldwide nonprofit teaching skills in public speaking and leadership. He was elected to the two-year volunteer term during the organization's recent International Convention in Calgary.

A dedicated Toastmaster for more than 20 years, Appleyard has held a number of distinguished leadership positions within the organization — including District Governor. He says the Toastmasters experience has had a profound impact on him.

“Before I joined Toastmasters, I was unable to speak in front of a crowd,” he notes. “I had very little confidence in myself. But now I am able to comfortably address a crowd. I am also confident in giving training to people inside and outside the Toastmasters organization.”

A programmer/analyst for CancerCare Manitoba, Appleyard has also won many awards in Toastmasters, and has served as a judge at public speaking contests. He is a graduate of the University of Manitoba.

Since its founding in 1924, Toastmasters International has helped 4 million men and women develop their communication and leadership abilities. The organization has doubled its membership over the last 10 years, and now has approximately 235,000 members, spread across 11,700 clubs in 92 countries.

For more information on Toastmasters International and the meeting times and locations of local clubs, please visit [www.toastmasters.org](http://www.toastmasters.org).

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