

Managing the Care of a Loved One

How to Make It Easier

- ✓ Education
 - Disease/Condition
 - Treatment Options
 - Prognosis

- ✓ Keeping Good Records
 - Patient History
 - Medication List
 - Physician List

- ✓ Taking Care of Ourselves
 - Accepting Help
 - Asking for Help
 - Taking time for Us