

FOR IMMEDIATE RELEASE

CONTACT: Suzanne Frey
(949) 858-8255
sfrey@toastmasters.org



TOASTMASTERS

Golden Gavel Goes to Dr. Barbara De Angelis

RANCHO SANTA MARGARITA, CALIF. (August 2007) – Relationship expert and best-selling author Barbara De Angelis, of Montecito, California, has been selected as the 2007 recipient of Toastmasters International’s Golden Gavel Award.

De Angelis is president of Shakti Communications, Inc., and of the online Transformational Network. She is best known for her many award-winning books as well as her television and radio shows and appearances. Formerly *CNN*’s official “relationship expert,” she now consults with celebrities, business owners and professionals on how to balance all aspects of life and “achieve not just wealth but true inner abundance, not just success, but inner and outer fulfillment.” Her newest book is titled, *How Did I Get Here? Finding Your Way to Hope and Happiness When Life and Love Take Unexpected Turns*.

The Golden Gavel is the most prestigious award offered by Toastmasters International, a worldwide organization devoted to teaching public speaking and leadership skills. The award has been presented once a year since 1959 to a distinguished individual in the fields of communication and leadership. Past recipients include Walter Cronkite, Earl Nightingale, Rev. Robert Schuller, Dr. Joyce Brothers, Zig Ziglar, Anthony Robbins, Stephen Covey, Debbi Fields, Deepak Chopra, Tom Peters, Ken Blanchard and Marcus Buckingham.

Dr. De Angelis will accept the award at a luncheon in her honor on Thursday, August 16 at the Marriott Desert Ridge Resort during Toastmasters International Convention in Phoenix, Arizona.

Toastmasters International has helped more than four million people become better speakers since the organization’s founding in 1924 at the YMCA in Santa Ana, Calif. Today, Toastmasters International has more than 226,000 members in 11,300 clubs in 90 countries, including several hundred clubs in the Santa Barbara area alone.

####