

“Move It: How Leaders Deal with Change”

By Darcy Keith, CC

“ \_\_\_\_\_ is the reason that people resist change.



“ The secret to embracing change is that when you \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ your fear, you have the ability to move through it, transform it, and utilize its power in a positive way.

“ The S.T.E.P.S. for surviving and thriving through change:

S - \_\_\_\_\_

T - \_\_\_\_\_

E - \_\_\_\_\_

P - \_\_\_\_\_

S - \_\_\_\_\_

“ The two things you can control when change happens are \_\_\_\_\_ and \_\_\_\_\_.

“ To maximize change transitions for success and happiness, you must \_\_\_\_\_ and \_\_\_\_\_.

